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Quality of Women's Lives

Thank you for your participation in the "Survey on work-life integration".

The survey is now closed (effective Sept. 15, 2009)

If you are having trouble filling out this survey online, please email web@nupge.ca [1] to receive a copy in PDF format.

Background Information

Province of residence: *

Where do you reside: *

- In an urban area
- In a rural area

Where do you work: *

- In an urban area
- In a rural area

Age group: *

- 18-35
- 36-51
- 52-65
- over 65

Are you a worker from an equity seeking group:

- worker of colour
- Aboriginal worker
- worker with a disability
- Gay, Lesbian, Bisexual and Transgender (GLBT) worker
- immigrant worker

Marital status: *

- Single (never married)
- Common law
- Married
- Divorced
- Separated
- Widowed

How many children do you have residing at home: * #

How many other children are in your care (e.g. stepchildren, foster children): * #

0

Do any children in your care have special needs: * #

0

If applicable, please indicate which of the following best describes your parenting situation:

- Two parent
- Single parent
- Shared custody

Are you a care giver to any person(s) other than your child(ren)

Grandparent(s): * # 0

Parent(s): * # 0

Sibling(s): * # 0

Spouse: * # 0

Employment status: *

- Permanent full-time
- Temporary full-time
- Permanent part-time
- Temporary part-time
- Self-employed
- On call/casual

On average, how many paid hours do you work per week: * 0 hours

On average, how many unpaid hours do you work per week: * 0 hours

If you work as a volunteer, how many hours do you work per week: * 0 hours

Do you work shift work: *

- Yes
- No

Do you work on weekends: *

- Yes
- No

If yes, is it by choice:

- Yes
- No

How many paid jobs do you hold: * 0

Choose the sector which best describes your workplace: *

- Health care
- Education
- Government
- Community-based social services
- Non-governmental organization
- Other (please indicate)

Workplace (If other):

Which of the following best describes your work environment: *

- Minimal supervision (autonomous decision-making; work planning)
- Medium supervision (ability to provide input; receive direction)

Intense supervision (no independent decision-making)

Which of the following best describes your level of completed education: *

High school

College/technical school

University

Post graduate degree

Which category reflects your income status

Personal annual income: *

\$0 - \$15,000

\$15,001-\$30,000

\$30,001-\$40,000

\$40,001-\$50,000

\$50,001-\$60,000

\$60,001-\$75,000

Above \$75,000

Combined household income: *

\$0 - \$15,000

\$15,001-\$30,000

\$30,001-\$40,000

\$40,001-\$50,000

\$50,001-\$60,000

\$60,001-\$75,000

Above \$75,000

General Questions

To what degree do you experience a conflict between the demands of your work and your family or personal relationships: *

Quite a lot

Not very much

Not at all

Which of the following do you feel happens more regularly: *

Family interferes with work

Work interferes with family

Neither

In the last six months have you missed work, arrived late or departed early because of family responsibilities: *

Never

1-3 times

4-6 times

7-10 times

11+ times

In the last six months has there been a time when (choose all that apply):

The demands of your work seriously interfered with the time you have to care for a family member

You suffered an illness or injury of any kind as a result of demands and pressures at your job

You were unable to work at your regular job for one week or more because you had to

care for a close friend or a family member (spouse, child, elderly or ailing parent or other relatives)

On a scale of 0 to 5, please indicate which of the commonly noted problems you face when balancing work and family (0 is : *

	0	1	2	3	4	5
Long work hours	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shift work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overtime (mandatory)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of paid leave for family emergencies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of flexible work hours in the workplace	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Missing work to care for a sick family member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of quality child care services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of quality elder care services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of shared responsibilities at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cost of child care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cost of elder care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Illness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you provide care for another person, are you:

- the sole provider
- sharing responsibilities with siblings/other relatives
- finding assistance from neighbours
- working with health care/child care providers

If you provide care for another person, indicate where they reside:

- In your home
- Down the street
- Across town
- Less than 500 kms away
- More than 500 kms away, in the same province
- Must travel by plane

If you provide care for another person, please indicate on a scale of 0 to 5 what you find most challenging:

	0	1	2	3	4	5
Cost of quality care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Availability of care during the hours needed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Missing work due to issues with child care or elder care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Transportation problems

Coping with stress

How often have you provided the following types of care in the last six months:

0 1-5 6-10 11+ Daily

Accompanying to a doctor's appointment

Handling their financial responsibilities

Grocery shopping

Running errands

Cooking

Household chores

Dressing

Feeding

Providing emotional support

On a scale of 0 to 5, how important would the following items be to help you balance work and family:

0 1 2 3 4 5

Flexible work hours

Ability to move from full-time to part-time hours

Job sharing options

Policies in the workplace that allow paid leaves for personal reasons

Paid family illness leave

Cap on overtime

Legislation to increase the amount of vacation time workers are entitled to

Affordable and accessible care for the elderly

Affordable and accessible child care

The ability to work from home

Increasing the number of staff in your workplace

Worksite seminars on topics such as stress, nutrition and fitness

Legislation to reduce the maximum number of hours of work

in a week

Would you say that where you work: *

- the employer is doing enough to help accommodate employees so they can balance their work and family responsibilities
- the employer should be doing more

Do you have the following provisions at work (check all that apply):

Due to work obligations, do you miss:

never rarely sometimes often regularly

	never	rarely	sometimes	often	regularly
Family gatherings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sporting events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bedtime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Holidays	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please identify your share of labour in your home:

0% 25% 50% 75% 100%

	0%	25%	50%	75%	100%
Yard work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Child care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other dependent/elder care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shopping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Financial planning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cooking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
House cleaning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Laundry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Homework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you: *

never rarely sometimes often regularly

	never	rarely	sometimes	often	regularly
Take work home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Check work email at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receive work-related phone calls at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worry about work-related issues while at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Lose sleep due to workplace stress

Lose sleep due to family stress

Receive personal calls/emails at work

Compared with five years ago, in your opinion, is it getting easier or harder to balance your work and family responsibilities: *

- Getting easier
 Neither harder nor easier
 Getting harder

Union activity

Is your worksite unionized: *

- Yes
 No

If so, is your work life limiting your work for the union:

- Yes
 No

If so, are your responsibilities outside of work limiting your work for the union:

- Yes
 No

If unionized, is your union a Component of the National Union of Public and General

Employees:

If you would like to receive a copy of your answers, enter your email address here:

Your valid email address will only be used to send you a copy of your answers to this survey.

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[1] <mailto:web@nupge.ca>